

"30 minutes of English"

Lesson2.

Topic: "Sports and fitness"

Date: 20.09.16

Useful information

It's interesting to know.

Both *referee* and *umpire* are judges.



Referee is used in connection with basketball, boxing, football, hockey, rugby and wrestling.



Umpire is used in connection with badminton, baseball, cricket, swimming, tennis and volleyball

Sport or sports?

1. Sport (noun, uncountable): John loves **sport**.
2. Sports (noun, countable): John plays two **sports** – football and tennis.
3. Sports (adjective): John reads the **sports news** every day.

Useful expressions:

go in for sports
do sports
practise sports
prefer one sport to another

Study the examples.

- What sport do you **go in for**? – I **go in for** tennis.
- What sports do you **do**?-On Thursdays I **do** yoga.
- We **practise** different kinds of sports in a new gym.
- I **prefer** active sports **to** quiet ones.

Play, do or go?

We use the verbs **play, do** and **go** with sport and activities.

Play is used with ball sports or games where we play against another person.

- I usually **play tennis** with my friend twice a week. (**not** play the tennis)

Do is used for recreational activity or a non-team sport that does not use a ball.

- I know that you **do karate**. Are you good at it?

Go is used with activities that end in **-ing**. We go somewhere to do something.

- I usually **go jogging** on Sunday



Task 5a. Complete the sentences with *play, do* or *go*.

1. They _____ **aerobics** in a gym.
2. Will you _____ **skating** with me?
3. I'd like to _____ **fishing** on Sunday.
4. Americans start to _____ **baseball** young.
5. He likes to _____ **football** when he's on holiday.
6. I often _____ **crossword puzzles** in my free time.

Task 5b. Write *play, go or do* in the gaps.

- | | |
|-------------------------|-------------------|
| 1. ... morning exercise | 5. ... volleyball |
| 2. ... running | 6. ... cycling |
| 3. ... athletics | 7. ... chess |
| 4. ... skating | 8. ... aikido |

Task 6. Complete the sentences using the words from Task 4.

1. Spectators at the stadium don't always agree with a _____. They think he's wrong.
2. Basketball is a _____ sport, where there are two sides, two groups of sportsmen.
3. In football there're eleven _____, while in basketball there're five.
4. A lot of _____ watched London Olympics 2012 on TV in all parts of the world.
5. The last football match between two units ended by _____ three to one.
6. Football is a very popular _____ sport gathering a lot of fans.
7. Athletes receiving money for their play are called _____.

L Task 7. Listen to the people speaking about different kinds of exercise. Which of them do they prefer now?

1. She prefers _____ to weightlifting. She thinks it's much more fun.
2. He goes _____ because it's more interesting than exercising at home.
3. She enjoys _____ more now.
4. She took up _____ because it's more exciting.
5. He thinks that _____ is much better than going to the health club.
6. She is sure that playing _____ is better than jumping around in aerobics class.

Task 8. Listen to the people speaking about their favourite sports. Decide if the following statements are true (T) or false (F).

1. She likes watching rugby because there's a lot of action. _____
2. He played cricket and soccer when he was young. _____
3. She likes to play basketball. _____
4. She likes swimming and yoga. _____
5. He likes to watch soccer. _____