

# "30 minutes of English"

## Lesson 8.

### Topic: "Sports and fitness"

Date: 28.09.16

**L** Task 22. Listen what people do to stay in shape. Are the statements true (T) or false (F)?

1. Matthew, Canada - He likes to walk and ride a bicycle. \_\_\_\_\_
2. Lindsay, USA - She says she is the best runner. \_\_\_\_\_
3. Paul, England - He likes running when it's cold outside. \_\_\_\_\_
4. Aki, Japan - She does push-ups every day. \_\_\_\_\_
5. Shalini, Canada - She doesn't like going to the gym. \_\_\_\_\_

**W** Task 23. Write about physical training in your unit.

*In my unit we have*

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**G** Past Simple - Irregular Verbs.

There are about 200 irregular verbs in English. You have to learn Past Simple of the most common verbs by heart.

Present Simple	Past Simple	Past Simple negative	Past Simple questions
be	was, were	was not, were not	Was he/she/it ...? Were we/you/they ...?
leave	left	did not (didn't) leave	Did you ... leave ...?
fly	flew	did not (didn't) fly	Did he ... fly ...?
see	saw	did not (didn't) see	Did she ... see ...?
go	went	did not (didn't) go	Did we ... go ...?
win	won	did not (didn't) win	Did they ... win ...?

Study the examples.

- Soldiers **left** the barracks and **went** to the parade square.
- Last week A Company **won** a football match against B Company.
- **Did** you **go** bowling on Saturday? – No, I **didn't**.
- Yuri Gagarin **flew** into space in 1961.
- Horatio Nelson **was** an Admiral in the British Navy.
- What **did** you **see** in the War Museum yesterday?

Task 24a. Fill in the gaps with the following irregular verbs in the Past Simple.

leave fly be see go win

#### Athlete who Served in the Military



Jerry Coleman \_\_\_\_\_ (1) the only baseball player who \_\_\_\_\_ (2) combat in two wars. First he postponed the start of his career as a Marine aviator in World War II and then he \_\_\_\_\_ (3) baseball to fly in the Korean War. In all, he \_\_\_\_\_ (4) 120 combat missions and was awarded two Distinguished Flying Crosses and 13 Air Medals. The Colonel \_\_\_\_\_ (5) four World Championships (1946, 1950, 1951, 1956) as a second baseman. Then he \_\_\_\_\_ (6) on to have a lengthy broadcasting career.

Task 24b. Put questions to the text in the Past Simple using the irregular verbs in brackets.

**Example:** How many wars *did* Jerry Coleman *see*? (see)

1. Why \_\_\_\_\_? (leave)
2. How many \_\_\_\_\_? (fly)
3. When \_\_\_\_\_? (win)
4. What \_\_\_\_\_? (go)